# READING BETTER AND UNDERSTANDING MORE:
## LEARNING TO THINK LIKE THE TEACHER

### BEFORE READING:
**PREVIEW**
1. **Psych yourself up!** Create interest; set goals; ask questions.
2. **Use what you already know:** Review old information. Make internal and external connections.
3. **Intend to remember:** Make the conscious decision to remember what you read, and monitor your performance.
4. **Anticipate test questions:** Select what you need to know, and begin to think like the teacher.
5. **Read title, headings, subheadings, outline, summary, and end of chapter questions.**
6. **Look at pictures, graphs, charts, diagrams, etc.**
7. **THINK** about what you already know, what you will need to know, and what you will need to do to learn the material.
8. **Begin to formulate questions:** Ask “Do I have a clear idea of what this chapter is about?” Ask who, what, when, and where questions.
9. **Set personal and textual goals:** *Personal:* What do you personally want to know? *Textual:* What does the class/teacher require you to know?

### DURING READING:
**READ AND ANNOTATE**
10. **Be selective based on:**
    - What you already know
    - The amount of material and the way it’s presented
    - The kind of information the text and/or the teacher stresses
    - The types of quizzes, exams, papers, class discussion and other “performances” you have to give
11. **Create meaningful organization:** Put away your highlighters. Write, don’t just underline. Remember that what you mark is for future reviewing.
12. **Work on one “chunk” of the text at a time.**
13. **Put information into your own words whenever possible.**

### AFTER READING:
**REVIEW**
14. **Organize and REDUCE the information.** Take notes on your notes.
15. **Put ideas – main ideas and details – into your own words and your own format.**
16. **Use REHEARSAL STRATEGIES:** Mapping, concept/cue cards, matrix charts.
17. **Monitor your learning.** Ask yourself if you’re getting your questions answered and if you understand the material.
18. **Distribute your study time.** Don’t plan to study for more than two hours at a time.